



## Mt. Zion Christian Academy Monthly 2024-2025 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b> 9/2-9/6	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
	<b>School Closed</b>	Grits Variety Meats Pancakes/French Toast/ Bread products Variety Potatoes Fruit	Grits Variety Meats Pancakes/French Toast/ Bread products Variety Potatoes Fruit	Grits Variety Meats Pancakes/French Toast/ Bread products Variety Potatoes Fruit	Grits Variety Meats Pancakes/French Toast/ Bread products Variety Potatoes Fruit
	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
	<b>School Closed</b>	Taco Tuesday (Chicken/ Beef) Spanish Rice Black beans	Chicken Alfredo Broccoli/ Salad Garlic Bread	Cheeseburgers with Fixings Fries/ Baked Beans	Build-A-Sub Chips
<b>Week 2</b> 9/9-9/13	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
	Grits Variety Meats Pancakes/French Toast/ Bread products Variety Potatoes Fruit	Grits Variety Meats Pancakes/French Toast/ Bread products Variety Potatoes Fruit	Grits Variety Meats Pancakes/French Toast/ Bread products Variety Potatoes Fruit	Grits Variety Meats Pancakes/French Toast/ Bread products Variety Potatoes Fruit	Grits Variety Meats Pancakes/French Toast/ Bread products Variety Potatoes Fruit
	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
	Baked Spaghetti Garden Salad Garlic Bread	Pancake Day Fresh Fruit	BBQ Chicken Macaroni and Cheese Green Beans	Baked Potato Bar w/ Fixings	<b>Back to School Bash</b>
<b>Week 3</b> 9/16-9/20	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
	Grits Variety Meats Pancakes/French Toast/ Bread products Variety Potatoes Fruit	Grits Variety Meats Pancakes/French Toast/ Bread products Variety Potatoes Fruit	Grits Variety Meats Pancakes/French Toast/ Bread products Variety Potatoes Fruit	Grits Variety Meats Pancakes/French Toast/ Bread products Variety Potatoes Fruit	Grits Variety Meats Pancakes/French Toast/ Bread products Variety Potatoes Fruit t
	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
	Chicken and Waffles Cheesy Macaroni w/ bacon	Lasagna Italian Salad Garlic Bread	Chicken Stir-Fry w/ Rice Eggroll	French Fry Bar w/ fixings	<b>Pizza Fundraiser</b>
	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>

<b>Week 4</b> 9/23-9/27	Grits Variety Meats Pancakes/French Toast/ Bread products Variety Potatoes Fruit	Grits Variety Meats Pancakes/French Toast/ Bread products Variety Potatoes Fruit	Grits Variety Meats Pancakes/French Toast/ Bread products Variety Potatoes Fruit	Grits Variety Meats Pancakes/French Toast/ Bread products Variety Potatoes Fruit	Grits Variety Meats Pancakes/French Toast/ Bread products Variety Potatoes Fruit
	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
	Chili Beans Rice Cornbread	Fried Chicken Yams Green Beans	Soup Day w/ Grilled Cheese	Meatloaf Mac N' Cheese Cabbage	<b>Pizza Fundraiser</b>
<b>Week 5</b> 9/30-10/4	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
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	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
<b>Week 6</b> 10/7-10/11	Baked Chicken w/ Rice Cabbage	Enchiladas (Beef/Chicken) Spanish Rice Pintos	Bull Dog Day w/ Homefries	Meatballs w/ mashed potatoes Mixed Veggies	<b>Early Release</b>
	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
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<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	
Salisbury Steak w/ Rice Corn-on-Cob	Chicken Fried Rice Eggroll	Sloppy Joe Fries	Chicken Quesadilla w/ cheese	<b>Pizza Fundraiser</b>	